

# **Individualized Studies**

## **Red Wing & Winona Campus**

#### **OVERVIEW**

An Associate of Science (AS) degree in Individualized Studies is the right program if:

- · you are undecided about your future career
- · you want general education courses that transfer
- · you are interested in a particular career field as well as an emphasis in Liberal Arts

An AS degree in Individualized Studies leads directly to employment as well as being a transferrable degree that can be accepted at other institutions. Typically, students enroll at Minnesota State College Southeast for two years, and then transfer to another college that has agreed to accept this AS degree. This allows students the opportunity to begin a career or begin a baccalaureate degree at one college and complete it at another. The AS in Individualized Studies allows students to:

- focus on specialized career interests
- combine and integrate a number of subjects into a degree program
- work toward completing the Minnesota Transfer Curriculum (MnTC)
- build on current areas of expertise and experiences.

This program is designed to provide a full complement of Liberal Arts and Science courses transferrable to any Minnesota State College or University. In addition, a direct program pathway has been developed to continue the 2-year A.S. degree and articulate into the 4-year B.A. degree at Metro State University - First College, Twin Cities. Also, one has been developed to articulate into the 4-year Professional Studies B.A. Degree at

### **MAJORS WITHIN**

60 credits Individualized Studies - AS See backside for program plan

#### PROGRAM OUTCOMES

- 1. Acquire expertise in career options and opportunities in a variety of fields
- 2. Analyze and assess personal values and life goals that affect career decision-making
- 3. Gain a fundamental understanding of workplace environments
- 4. Acquire knowledge of self, and subsequently, one's capability for self-direction and self-motivation
- 5. Utilize the English language to effectively read, write, and listen critically
- 6. Perform the mathematical computations necessary to succeed as an employee and
- Increase understanding in the fields of science and technology
- 8. Develop a thoughtful, complete career plan for continuing knowledge and learning in the chosen career field



#### **PROGRAM HIGHLIGHTS**

Build Your Own Individualized Degree Plan

Multidisciplinary Coursework - in more than one discipline

Intradisciplinary Coursework - in all the same discipline

Build on Your Areas of Expertise and Experiences

Complete Minnesota Transfer Curriculum Package

Assume Self-Directed Learning

Develop a Sense of Life-Long Learning

Appreciate Reflective Learning

#### **CAREER OPPORTUNITIES**

As individual as your degree plan.

Opportunities to focus on: **Specialized Careers** Structured Program Areas Combined Areas of Expertise Integrated Professions

### PROGRAM CONTACT

Cindy Ciszewski 507-453-2716 cciszewski@southeastmn.edu











# Individualized Studies - Associate of Science Sample Full-time Program Plan

Course No. First Semester (Fal	Course Name I)	Credits
ENGL 1215	College Writing I	3
BIOL 1201	Introduction to Biology	4
MATH 1220	College Algebra	3
PSYC 1110	General Psychology	3
SPAN 1230	Introduction to Hispanic Cultures	3
INSP 1525	Career & Educational Planning	1
Semester total		17
Second Semester (Spring)		
COMM 1218	College Speech	
COMM 1228	Interpersonal Communications	3
CHEM 1430	Principles of Chemistry	4
BUSN 1245	Business Computers OR (3) 1-credit COMP course	s 3
HUMA 1430	Exploring World Cultures	3
HIST 1108	US History to 1865	3
Semester total		16
Third Semester (Fall)		
ENGL 2525	College Writing II	3
HUMA 1435	Multicultural America	3
GEOG 1210	Physical Geography	3
PSYC 2530	Social Psychology	3
ENGL 1265	Multicultural Literature	3
Semester total		15
Fourth Semester Spring		
HUMA 1125	Moral Problems	3
ARTS 1101	Introduction to the Arts	3
PSYC 2522	Positive Psychology	3
SOCS 1110	Introduction to Sociology	3
HUMA 1445	Introduction to Women's Studies	3
Semester total		15
Total Required Credits		63